

Things to try in Alexa

Invoke alexa by saying "ask palm nest" followed by the one of the utterances below.

Update weight:

say: weight is 100 pounds

Medical Conditions:

say: get medical conditions

Get medications being used now or upcoming week:

say: get past medications

say: get current medications

Share reports with Care team (Added in Care team screen of mobile app):

say: share my reports

Get air quality info (For patients who have Asthma/Pollution Allergies):

say: get aqi

Get most recent readings from the health record:

say: get heart rate

say: get blood pressure readings

say: get glucose readings

say: get weight

For Care Team members only to get updates:

send reports

